

# Free Event: Complete Your Advance Directive

**Antrim Medical Group**  
12 Elm St, Antrim, NH

**Monday, January 12th &  
Friday, January 23rd**

8:00am – 4:00pm

- Free Forms
- Staff Support
- Free Notary Services
- Walk-In Event, No Registration Necessary

Plan Ahead

**Take control of your  
future health care!**

Join us for this one-stop  
opportunity to complete your  
Advance Directive



**Monadnock**  
COMMUNITY HOSPITAL

Your life. Your health. *Your Hospital.*

## WHAT IS AN ADVANCE DIRECTIVE?

An Advance Directive is a legal document that explains your wishes for medical care in case you are ever unable to speak for yourself.

**The State of New Hampshire recognizes two important components:**

**Durable Power of Attorney  
for Healthcare (DPOAH):**  
Names someone you trust to  
make medical decisions on your  
behalf when you cannot.

**Living Will:**  
Describes the kinds of life-sustaining treatments you do or do not want, guiding your DPOAH and care team.

**Get Yours Done Today!**

**It is never too soon to be prepared.**

For more information contact Molly Rajaniemi: 603-924-4699 ext.1038

# Education

## Advance Directives

