

Your Hospital



News and notes from Monadnock Community Hospital

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Monadnock Community Hospital Named Among Top 20 Most Beautiful Hospitals



Monadnock Community Hospital has been named one of the Top 20 Most Beautiful Hospitals in the United States! Our place on Soliant Health's prestigious list is a testament not just to our stunning facility but to the compassionate care we provide every day. [Discover](#) what makes MCH as shining star and beacon of healing and beauty in our community.

Virtual gallery

Healing Arts GALLERY

Virtual Gallery Summer Splash



Healing Arts
GALLERY
MCHHealingArts.com

Dive into the vibrant world of the **Summer Splash** Exhibition Virtual Gallery at Monadnock Community Hospital. Explore stunning artwork created by our talented staff, all from the comfort of your home. Discover how art and healing come together in this unique online experience. [Explore the gallery.](#)

Fitness for Life: Enhancing Longevity Through Physical Conditioning Seminar



Our fall Health and Wellness Seminar series is in full swing, with educational opportunities scheduled from September through November. We invite you to join us on Thursday, September 12th at 5:30 pm at Bond Wellness Center for **"Fitness for Life: Enhancing Longevity Through Physical Conditioning"**

Discover effective strategies to boost your physical fitness and maintain an active lifestyle well into the future. Led by Dr. Shawn P. Harrington, MD, FAAPMR, this session will offer practical exercises and essential lifestyle tips to support your long-term health and well-being.

Space is limited - [register now](#) and explore the other seminars for the remainder of 2024.

[Register Now](#)



Community Spotlight: End 68 Hours of Hunger



Did you know that 15.9% of children in Cheshire County and 14.1% in Hillsborough County face food insecurity? For these children, weekends can be a time of hunger and uncertainty. End 68 Hours of Hunger is stepping in to change that by providing essential meals to kids who might otherwise go without. By bridging the weekend gap, this volunteer-driven program is helping our community's children return to school on Monday ready to learn and thrive. Join us in supporting this critical mission—[find out how you can get involved and make a difference](#) in the fight against child hunger.



68 HOURS =
 3 DINNERS
 2 LUNCHES
 2 BREAKFASTS
 2 SNACKS




1 IN 8 CHILDREN IN NH
 EXPERIENCE FOOD INSECURITY



165-200 KIDS EACH WEEK
 BAGS VALUED APPROX
 \$15-18/BAG
 = \$16,500 WORTH OF
 FOOD DISTRIBUTED PER
 MONTH



Delivering high quality healthcare is not just part of the vision for MCH, it is deeply engrained in the everyday functions of our organization. This month we highlight the achievements of our innovative Radiology department. The Radiology team at MCH is a diverse group offering a wide variety of radiological services from Mammography, MRI, Nuclear Medicine, Pet Scans & MORE! [Learn more about quality in Radiology.](#)

Quality by the Numbers:

**Radiology Patient Satisfaction Scores
(Overall Scores out of 100)**

January 2024	94.9
February 2024	94.09
March 2024	96.1
April 2024	97.0
May 2024	96.99
June 2024	98.24
July 2024	96.29

What patients are saying:

Recent Radiology Patient Comments

“Staff were excellent and efficient!”

“Through the whole process, I seemed to have relaxed knowing that everyone that was there worked well together to benefit me”

“Radiology & mammography has always been quick & as pleasant as possible”

“I didn't have time to even sit down as I was taken back that quickly”

“Pure excellence! The person at the desk very outgoing and was nice letting me know the time span”

“Everyone seems to enjoy their positions and working together. I would not hesitate to recommend MCH to others. I drive from Keene for this quality care.”

To learn more about the Radiology program at MCH,

please visit: [Radiology - Monadnock Community Hospital](#)

Sepsis Awareness Month

What is Sepsis?



A note from our Infection Preventionist, Brian Earnshaw RN, BSN

Sepsis is your body's extreme response to an infection. Sepsis is a life-threatening medical emergency that occurs when an infection that you already have causes a chain reaction throughout your body.

Infections of the gastrointestinal tract, lungs, skin, or urinary tract are the most common areas where sepsis begin.

You must seek medical treatment immediately if sepsis is suspected as it can rapidly lead to tissue damage, organ failure, and death

Discover essential tips to prevent sepsis and learn about the signs and symptoms you should never ignore.

Manage Your Health Anytime, Anywhere with MCH's Patient Portal!



Access your medical records, schedule appointments, and connect with your healthcare providers all from [a secure platform](#). Plus, watch our [video tutorial](#) to learn how to get the most out of your Patient Portal experience. [Learn more](#) about how the Patient Portal can help you take charge of your healthcare journey.

Monadnock Orthopaedic Associates Blog

SPORTS INJURIES AND YOUR RECOVERY PATH

EXPLORE THE JOURNEY
TO RECOVERY FROM
COMMON SPORTS
INJURIES WITH
ORTHOPEDIC CARE.



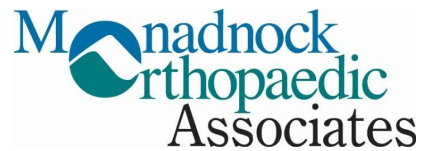
[Sports Injuries: Your Path to Recovery with Orthopedic Care](#)

BENEFITS OF MINIMALLY INVASIVE DISCECTOMY

DISCOVER HOW MINIMALLY
INVASIVE DISCECTOMY CAN
HELP WITH SPINAL CONDITIONS



[Minimally Invasive Discectomy Benefits](#) - Herniated Disc Treatment



Blog - Your MCH Connection

- [What to Expect During a Medical Visit at MCH](#)
- [Join Us for the Fitness for Life: Enhancing Longevity Through Physical Conditioning Seminar](#)
- [Sports Injuries: Your Path to Recovery with Orthopedic Care](#)
- [Sepsis Awareness Month: What You Need to Know](#)
- [Quality at MCH: Spotlight on Radiology](#)
- [Community Spotlight: End 68 Hours of Hunger](#)
- [In the News: Monadnock Community Hospital Named in the Top 20 Most Beautiful Hospitals](#)
- [Empower Your Health Journey with MCH's Patient Portal](#)
- [Meet Our New Healthcare Providers at Monadnock Community Hospital](#)
- [MCH Throwback Thursdays: A Journey Through Our History](#)
- [Summer Splash Exhibition Virtual Gallery](#)
- [A Summer Message From Cyndee](#)
- [Phyllis Scott: A Legacy of Love](#)
- [Your Hospital: August 2024](#)
- [Wellness Wednesday: Tips for a Healthier Lifestyle](#)
- [Celebrating Excellence: Monadnock Community Hospital Earns 4-Star Rating](#)
- [Welcome to Monadnock Community Hospital – Compassionate, Community-Focused Healthcare](#)
- [Reinvesting in Your Health: How Monadnock Community Hospital's Nonprofit Mission Serves Our Community](#)
- [Investing in Our Community: How MCH Provided Over \\$18 Million in Support in 2023](#)
- [A Century of Caring: Celebrating 101 Years of Care at Monadnock Community Hospital](#)
- [Heartfelt Stories: Our Community, Our Care](#)
- [Unlock Tailored Healthcare Excellence at Monadnock Community Hospital](#)
- [Innovating for Better Health: Monadnock Community Hospital's Latest Advancements](#)



Social Media Highlight: Health and Wellness Seminars Playlist

Did you know MCH has an official **Health and Wellness Seminars Playlist**? Be sure to follow **Monadnock Community Hospital** on **YouTube** to keep up to date on the latest informative seminar content.

Get the Latest Updates

You can also find us on Facebook, Instagram, LinkedIn, and YouTube.



Your Donations Make a Difference



Monadnock Community Hospital is a registered nonprofit. Your donations support our generous financial assistance program, state-of-the-art equipment, community benefits, improved patient experiences, and new programs and services. **Learn more and donate now.**

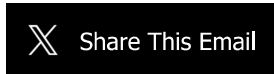


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Monadnock Community Hospital | 452 Old Street Road | Peterborough, NH 03458 US

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