

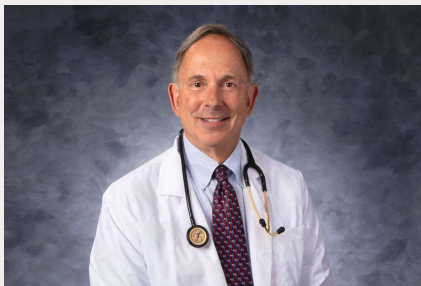
Your Hospital



News and notes from Monadnock Community Hospital

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Welcome Dr. Jonathan Krant and Monadnock Rheumatology Associates

We are thrilled to announce the addition of Monadnock Rheumatology Associates to our esteemed Oncology and Infusion Therapy Center.

Led by accomplished researcher and clinician Dr. Jonathan Krant, this new practice opened its doors in June with the team excited to unveil this important new service to the community. The expansion signifies our commitment to providing accessible and top-notch healthcare, ensuring that individuals facing rheumatological challenges can receive specialized care right here at home. Patients will benefit from Dr. Krant's holistic treatment approach and his dedication to educating patients about their conditions, empowering them to manage their health effectively.

Dr. Krant, a graduate of the UMass School of Medicine with a Master of Public Health from Johns Hopkins School of Public Health, has held many clinical leadership positions over his career. His extensive experience includes serving as Rheumatology Section Chief for Memorial Health System in Marietta, Ohio, Chairman of Medicine for Adirondack Health Systems, and Chief Medical Officer of the Trudeau Institute in Saranac Lake, New York. He was also the President and CEO of Berkshire Rheumatology Associates in Pittsfield, MA, among other clinical leadership roles.

Dr. Krant states, *"For over 30 years, I have worked to elevate each patient's experience by integrating research with my clinical practice, educating people on every aspect of their condition. I look forward to bringing this new service to the Monadnock community."*

Learn more about this new practice at [MonadnockRheumatology.org](https://www.monadnockrheumatology.org)



Important Update Regarding Cardiology Services at Monadnock Community Hospital

We are pleased to announce that Monadnock Community Hospital (MCH) is opening its own Cardiology practice in October 2024! Monadnock Cardiology Associates (MCA) is honored that Dr. Robert Spencer, and Brooke O'Connor, APRN, have both accepted full-time positions with MCH and are looking forward to continuing to care for patients in the Monadnock Region. Dr. Spencer and Brooke are coming to MCH from Cheshire Medical Center's Cardiology Clinic where they have worked together for the past several years, bringing a wealth of experience and expertise.

In late spring, we learned that MCH's cardiology services provided by Catholic Medical Center's New England Heart & Vascular Institute (CMC NEHVI) were ending June 30th. While we are very excited to be bringing Monadnock Cardiology Associates to MCH this fall, we continue to work diligently with other hospitals and cardiologists in New England to provide cardiology care between July and October. We promise to update you as soon as we are able. Our Emergency Department clinicians will ensure that if you or a loved one has a cardiac emergency, your cardiac needs will be met, including transferring to another hospital if necessary.

MCA will begin scheduling appointments later this summer. If you would like to receive your cardiology care at MCH with our new clinicians in the Monadnock Cardiology Associates office, please call 603-924-4646 to be added to the patient list.

Please understand that we are continuing to work on this transition and are committed to keeping you informed of any developments. Your health and well-being remain our top priority.

Thank you for your patience and trust in MCH. We look forward to providing exceptional cardiology care to our community.

Sincerely,

A handwritten signature in black ink, appearing to read "Dan Perli", with a long, sweeping horizontal line extending to the right.

Dan Perli, M.D.
Chief Medical Officer

MCH Cuts the Ribbon on New Outdoor Rehab Space



Rehabilitation Department employees cut the ribbon at the Outdoor Rehabilitation Space Grand Opening

Pictured from left-to-right front: Lynne Maloney, PT, Director of Rehab Services, Deana Barclay, Rehab Aide, Karen Aucella Rehab Office Coordinator, Josh Paradis, PT, Corryn Nelson, PT and Kathryn Rodrigues, PTA Pictured left to right back: Cynthia McGuire, President and CEO, Chris Jensen, PT, Eric Dacey, PT, OP Rehab Coordinator, Lawrence Jones, PT, and Teddy Nelson, PT

The MCH Rehabilitation Services team hosted a grand opening celebration on Saturday, May 18th, for its exciting new outdoor athletic turf treatment and physical therapy space behind the Bond Wellness Center.

This innovative addition allows patients to recover in a natural healing environment while offering expanded services, such as practicing sports-specific movements. Guests enjoyed an official ribbon-cutting ceremony, sports equipment swap, raffles, activities for all ages, and delicious refreshments courtesy of MCH.

Most importantly, attendees learned about the expanded rehabilitation services offered by MCH and met the dedicated physical therapists who will utilize the new space. *“We are so excited to have this new outdoor space for our patients to expand their skills in a fresh and inspiring, healing environment,”* said Rehabilitation Director Lynne Maloney.

This new outdoor space reflects MCH’s ongoing commitment to providing exceptional and innovative healthcare services. The addition expands rehabilitation options for patients, promoting a natural approach to recovery.

Learn more at [MonadnockRehab.org](https://www.monadnockrehab.org).



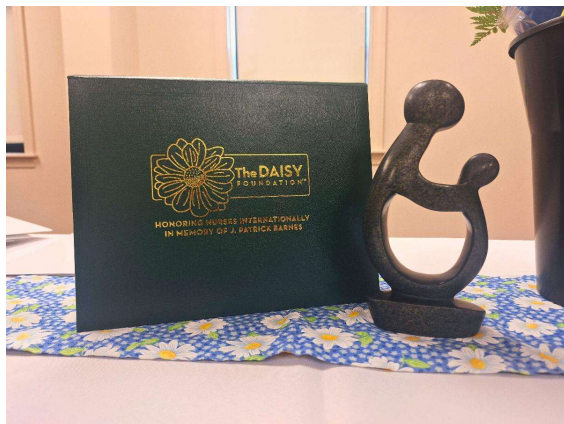
MCH Celebrates Nursing Excellence at DAISY Award Ceremony



Pictured above are the 2024 DAISY award nominees with CNO, Vicki Campanile and President & CEO Cyndee McGuire.



Pictured left to right: Vicki Campanile, DAISY Award certificate holder and The Chief Nursing Officer, winner Laura Moran from the Med/Surg and Cyndee McGuire, President and CEO



DAISY Award Healer's Touch handmade stone statue, made of serpentine stone, this beautiful sculpture symbolizes the unique relationship between nurses, patients, and families.

Monadnock Community Hospital recently held its annual DAISY Award Ceremony, honoring our incredible nurses!

The DAISY Award honors nurses who exceed expectations in providing caring and empathetic treatment to patients and their families. This year's ceremony highlighted the dedication and skill of our nominees and recipients.

Winner: Laura Moran — Med/Surg

Nominees:

Zoe Crowley - Birthing Suite
Hailey Goguen - Med/Surg
Meghan Hurd - Emergency Dept
Donna Infante - Emergency Dept
Donnie Kelley - Same Day Surgery
Mark Leblanc - MOA

Rebecca Morin — Med/Surg
Pam Neal - Birthing Suite
Gwen Parmenter — Med/Surg
Bri Phalon — Birthing Suite
Ashley Preece — Med/Surg
Marybeth Quill — Same Day Surgery
Patrick Sullivan - Oncology

MCH is proud of our exceptional nursing team, the true “heartbeat” of our hospital. To nominate a nurse for the DAISY Award, visit bit.ly/mch-daisy-award.



MCH Says Thank You to Our EMS Heroes



Lifetime Achievement recipient Gary Somero alongside members of the New Ipswich Fire Department and MCH leaders.



EMS Achievement recipient Matt Mair alongside Antrim Fire Department's Chief and Deputy Chief and MCH leaders.

Monadnock Community Hospital honored our region's EMS providers at a special ceremony during EMS Week. These courageous men and women are the first line of care for many in need, and MCH is proud to partner with them.

The evening featured presentations from MCH leaders and EMS representatives, highlighting the lifesaving skills and dedication of our local EMS heroes. The evening also recognized Gary

Somero and Matt Mair with the 2024 EMS Lifetime Achievement Award and Achievement Award, respectively, for their outstanding service.

Thank you to our EMS providers for all you do!

Celebrate Creativity: Art by MCH Employees & Their Families at Summer Splash!

Summer Splash!

Healing Arts Gallery at
Monadnock Community Hospital



OPENING RECEPTION: Thursday, July 11, 3:30 to 5:30pm. On display through September 25, 2024.
Featuring the creative staff of Monadnock Community Hospital and their families

Monadnock Community Hospital invites you to the opening reception of our Healing Arts Gallery's new exhibit, "Summer Splash!"

- **Date:** Thursday, July 11, 2024
- **Time:** 3:30 PM - 5:30 PM
- **Location:** MCH Healing Arts Gallery, entrance adjacent to the Sarah Hogate Bacon Emergency Department

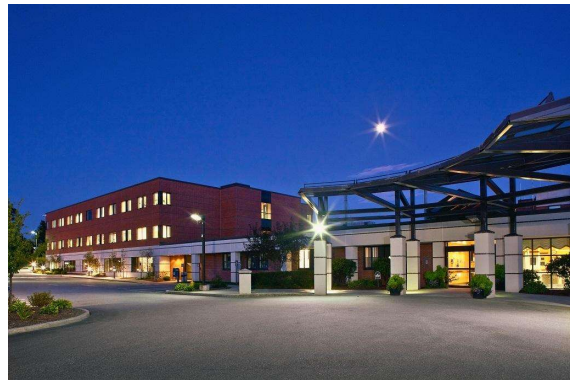
Come celebrate the creativity of our staff and their families. Enjoy live music by Larry Ahern and light refreshments.

For more information, contact Katharyn Ernst at 603-924-4682 or Katharyn.Ernst@MCHMail.org.

We look forward to seeing you there!



Vote for MCH in Soliant's Most Beautiful Hospitals Contest



Monadnock Community Hospital is a proud finalist in Soliant's "20 Most Beautiful Hospitals" contest! Help us win a \$5,000 donation by casting your vote. Voting is open until July 25, 2024, and you can vote as many times as you want! Community engagement is crucial, and we are thankful for your support.

Vote now: bit.ly/mch-mbh-2024

[Vote Now](https://bit.ly/mch-mbh-2024)

Monadnock Orthopaedic Associates Blog

**YOUR GUIDE TO
PREVENTING YOUTH
SPORTS INJURIES**

**KEEPING YOUNG
ATHLETES HEALTHY
AND IN THE GAME**



Champion a thriving athletic journey with these
tips from orthopedic experts




Guide to Preventing Youth Sports Injuries: Keeping Young Athletes Healthy

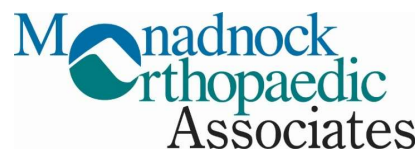
**EFFECTIVE NECK
PAIN MANAGEMENT
STRATEGIES:
RECLAIM YOUR
COMFORT AND
MOBILITY**

From Gentle Therapies
to Advanced Techniques,
We Have Your Neck Pain Covered

Effective Neck Pain Management Strategies: Reclaim Your Comfort and Mobility

Life-Changing Pediatric Orthopedic Surgery: Right Here in Your Community



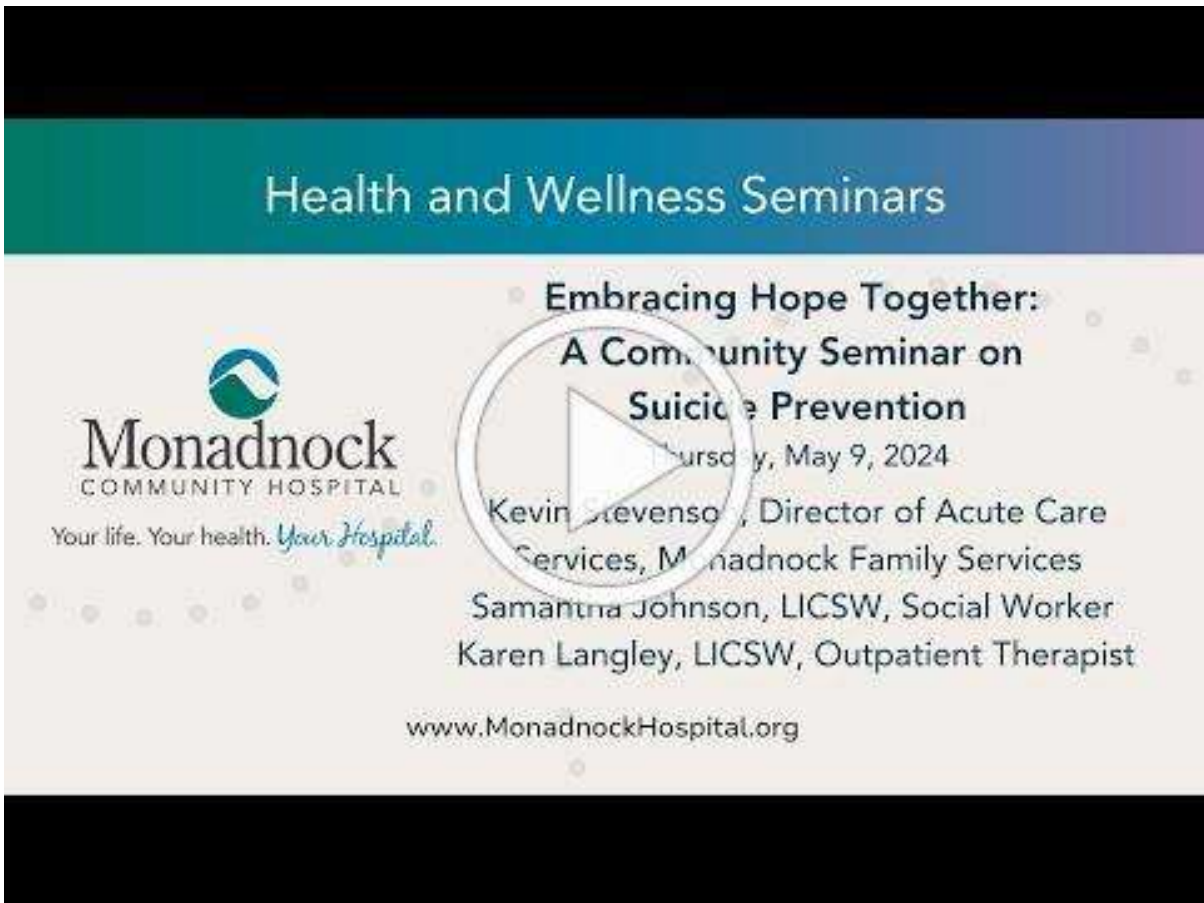
Health and Wellness Seminars




Health and Wellness Seminars




Unlocking Opioid-Free Pain Management Seminar
 Thursday, June 6, 2024
 Dr. Terrence McNamara, DO, FAAPMR, FABPM
www.MonadnockHospital.org



Health and Wellness Seminars



**Embracing Hope Together:
 A Community Seminar on
 Suicide Prevention**
 Thursday, May 9, 2024
 Kevin Stevenson, Director of Acute Care
 Services, Monadnock Family Services
 Samantha Johnson, LICSW, Social Worker
 Karen Langley, LICSW, Outpatient Therapist
www.MonadnockHospital.org

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