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A Summer Message from President & CEO, Cyndee

Dear Friends,

This summer continues to bring warmth, vibrant landscapes and exciting news at MCH!

In this newsletter, you will see the smiling faces of our staff and the joy of new additions to our community.

We are excited to announce that MCH is opening its own Cardiology practice, Monadnock Cardiology Associates (MCA), in October 2024! Dr. Robert Spencer and Brooke O'Connor, APRN, will join us, bringing their extensive experience to our community. While we transition from services previously provided by Catholic Medical Center's New England Heart & Vascular Institute, we are committed to providing a smooth transition of cardiology care and will provide updates as they become available. If you have any questions, please call 603-924-7191 x4646.

Our **Healing Arts Gallery** opened with a new exhibit, "Summer Splash" featuring works from talented employees and family members. This display is a splendid example of the diverse talent we have amongst our MCH family. I invite you to visit the gallery to view these incredible works, open 24 hours a day, and 365 days of the year.

Below, you will read about the generous bequest left to MCH by the late Phyllis Scott and her love of our community and hospital. It is the generosity of our **donors** that allows us to continue our mission of improving the health and wellbeing of our community.

Our ongoing commitment to providing resources for the community remains and I am delighted to share our upcoming fall **Health and Wellness seminar** series, highlighting important topics from Rheumatology, Sports Medicine, Pelvic Health and Maternal Nutrition. These free seminars are a great way to engage with medical providers in a supportive community atmosphere.

Lastly, I want to thank each and every one of you for your continued support of MCH and I wish you and your family a season of sunshine and beautiful memories!

Cynthia McGuire, FACHE
President and CEO
Monadnock Community Hospital

Phyllis Scott's Legacy of Love for Her Community

Phyllis Scott, a member of MCH's Parmelee Society, left a generous bequest to MCH to help ensure the financial future of our mission. Her love of family defined her life and extended to so many people and organizations in our community. She built many ties and touched many lives in her more than 50 years living in Peterborough.

She was a teacher by profession and embraced life to the very fullest. Whether cooking for a community supper at her church, or playing clarinet in the Temple Band, Phyllis was always contributing and spreading joy and love along the way. She prioritized supporting local charities with her philanthropy, acknowledging their important in making our community better for all.

Alongside providing for her children and grandchildren, she included several local nonprofits in her will and her generosity will continue to have an impact for many years to come. MCH gratefully acknowledges Phyllis's friendship and generosity.

[Give Now](#)

Investing in Our Community: How MCH Provided Over \$18 Million in Support in 2023

At Monadnock Community Hospital (MCH), our mission extends beyond providing exceptional healthcare services to our patients. Our commitment is to enhance the health and well-being of our entire community. Through our comprehensive **Community Benefits Program**, we strive to address the unique health needs of our local population and ensure that everyone has access to the care and support they need.

A Year of Impact: Over \$18 Million Invested in Our Community

In 2023, MCH provided over \$18 million in support of our community through various initiatives and programs. This significant investment underscores our dedication to fostering a healthier, more vibrant community for all. Here's a breakdown of how these funds were used:

Charity Care: \$392,000

Our Financial Assistance Program ensures that individuals who can't afford medical expenses receive the care they need. This program is vital in bridging the gap for those in financial distress, allowing them to access essential medical services without the burden of overwhelming costs.

In-kind Donations: \$273,500

We contribute resources and training to local organizations, such as donations to other community groups and EMT training. These in-kind donations help strengthen the infrastructure of community services, enhancing their ability to serve our neighbors effectively.

Community Programs: \$328,000

MCH supports a variety of community health initiatives, including Mobile Integrated Health and Parent Support Services. These programs are designed to meet specific health needs, providing crucial support and education to improve overall community health.

Subsidized Health Services: \$8,926,000

To ensure that everyone has access to high-quality healthcare, we subsidize a range of health services. This includes chronic health programs, emergency department services, and behavioral health services. By making these services more affordable, we help individuals manage their health more effectively.

Public Programs: \$8,453,000

Covering the shortfall between the cost of care and government reimbursements for Medicaid and Medicare, our support for public programs ensures that patients who rely on these services receive the care they need. This funding is crucial in maintaining the accessibility and quality of healthcare for all.

Looking Ahead

As we reflect on the impact of our Community Benefits Program in 2023, we feel inspired to continue supporting and uplifting our community through our work. We are grateful for the partnerships with local organizations, stakeholders, and residents that make these achievements possible. Together, we can create a healthier, more inclusive environment for everyone.

Thank you for being a part of our journey. We look forward to continuing our efforts to enhance the health and well-being of our community in the years to come.

Visit **Community Benefits** for more information about this program and to view detailed reports.

Visit **Annual Report** for more information on our 2023 Community Report or learn more about our **Community Benefits** program.

“Summer Splash” Exhibit Opens at MCH’s Healing Arts Gallery

Summer at MCH brings a vivid celebration of creativity as the Healing Arts Gallery proudly presents our summer exhibit, “Summer Splash,” showcasing the diverse talents of our hospital employees and their families. From captivating paintings to poetry and mixed media, this special display highlights the exemplary talents of our staff, with each piece reflecting the unique perspectives and passions within our community.

“We are immensely proud of the talent that thrives within our walls. This exhibit not only highlights the remarkable skills of our staff and their families, but also embodies the spirit of unity and creativity that defines our institution,” says President and CEO, Cyndee McGuire. The MCH Healing Arts Gallery supports the positive impact that art can have on the healing process.

We invite you to stop by the gallery to view this exhibit, which will be on display through September 24th. For more information, please visit **MCHHealingArts.com**

Pictured Below from Left to Right are MCH artists Caroline Gomez, President and CEO Cynthia McGuire, Ollie Crawford, Ann Marie Warren, Amara Kanaparthi, Justin Ambrose, Kiara Burak, Cathy Maki, Alycia McDuff, Denise Lord and Andrew Cook.

A Century of Caring: Celebrating 101 Years at Monadnock Community Hospital

This year, Monadnock Community Hospital is proud to celebrate 101 years of dedicated service to our community! From our humble beginnings in 1923 to becoming a comprehensive healthcare provider, our journey has been marked by growth, resilience, and unwavering commitment to compassionate care.

Join us as we reflect on our rich history and look forward to a bright future. Learn about our milestones, innovations, and the core values that guide us. We invite you to be part of our celebration and continue this journey with us into the next century.

[Read more about our 101-year journey](#)

Join Our Team at Monadnock Community Hospital: Make a Difference in Healthcare!

Are you passionate about healthcare and looking to make a meaningful impact? Monadnock Community Hospital is hiring! Join our century-strong community where we value compassion, collaboration, and professional growth. Be part of a supportive and enriching environment where every employee is valued and respected.

Explore a range of career opportunities and discover the benefits of working with a team dedicated to exceptional care and community well-being.

[Learn more about healthcare careers and opportunities](#) at MCH and apply today!

Blog - Your MCH Connection

- [MCH Community Benefits Program 2024 – Making a Difference Together](#)
- [Heartfelt Stories: Buttoned Up Surgical Care](#)
- [In the News: Monadnock Community Hospital Named 16th Most Beautiful Hospital in the U.S.](#)
- [In the News: Amid Cardiologist Shortage, Monadnock Community Hospital to Open Its Own Cardiology Department](#)
- [Comprehensive Healthcare Services at Monadnock Community Hospital](#)
- [Bow Leg Correction Surgery | Osteotomy, Guided Growth Surgery](#)
- [In the News: Monadnock Community Hospital Hosts Display of Employee Artwork](#)
- [Heartfelt Stories – Overcoming Agony: Louise’s Path to Recovery with Dr. Vache Hambardzumyan](#)
- [Join Us for the Rheum with a View: Unraveling the Mysteries of Autoimmunity Seminar](#)
- [Healthcare Careers & Opportunities at Monadnock Community Hospital](#)
- [Investing in Our Community: How MCH Provided Over \\$18 Million in Support in 2023](#)
- [Orthopedic Fracture Care: Explore comprehensive treatment options for orthopedic fractures](#)

- [Heartfelt Stories – A Journey of Trust and Healing: Patricia’s Surgical Success at MCH](#)
- [Dive into Creativity: Employee Art Shines at the “Summer Splash!” Exhibition!](#)
- [Upcoming Health and Wellness Seminars Fall 2024](#)

Monadnock Orthopaedic Associates

Bow Leg Correction Surgery: Osteotomy, Guided Growth Surgery

Orthopedic Fracture Care: Explore comprehensive treatment options for orthopedic fractures

Rheum with a View: Unravelling the Mysteries of Autoimmunity

Wednesday, August 21, Time: 5:30 PM – 6:30 PM

Bond Wellness Center Conference Room

Jonathan D. Krant, MD, FACP of [Monadnock Rheumatology Associates](#)

Join Dr. Jonathan D. Krant, MD, FACP as he clarifies the complexities of autoimmune diseases in an engaging manner. This seminar will provide valuable insights into the mechanisms of autoimmune conditions and offer strategies for management and treatment. Don't miss this opportunity to deepen your understanding of autoimmune diseases from an expert in the field.

Fitness for Life: Enhancing Longevity Through Physical Conditioning

Thursday, September 12, 6:30 pm

Bond Wellness Center Conference Room

Shawn P. Harrington, MD, FAAPMR [Physical Medicine & Rehabilitation](#)

Learn effective strategies to enhance your physical fitness and extend your active years. Our expert clinician will guide you through practical exercises and lifestyle tips designed to promote long-term health and well-being. Don't miss this opportunity to invest in your future vitality!

Pelvic Perspectives: Understanding Your Body’s Foundation

Thursday, October 24, 6:30 pm

Bond Wellness Center Conference Room

Corryn Nelson, PT, DPT [Physical Therapist](#)

Delve into essential insights and strategies to promote wellness and address concerns related to pelvic health in a supportive and informative session. This seminar will enhance your understanding and help you take proactive steps towards optimal health. Join us to learn how to strengthen and care for your body's foundation.

Nutrition Nurtures: Empowering Maternal Wellness

Thursday, November 14, 6:30 pm

Bond Wellness Center Conference Room

Whitney Hightower, MS, RDN, LD [Outpatient Registered Dietitian](#)

Discover the keys to nourishing both body and baby with our upcoming seminar on maternal nutrition. Gain invaluable guidance on crafting a balanced diet tailored to support maternal health

throughout pregnancy and beyond. Join us for an empowering session dedicated to fostering wellness for expectant mothers.

Stay informed and engaged with our [Health and Wellness Seminars](#) designed to enhance your well-being. For more information or to register, please contact the seminar speakers directly. We look forward to seeing you there!

[Register Now](#)

Social Media Highlight: Facebook

Did you know MCH has an official [Facebook Page](#)? Be sure to follow **Monadnock Community Hospital** on Facebook to keep up to date on the latest MCH news, behind the scenes, health education tips, upcoming events and more!

Get the Latest Updates

You can also find us on Instagram, LinkedIn, YouTube and X (Twitter).



Your Donations Make a Difference

Monadnock Community Hospital is a registered nonprofit. Your donations allow us to develop a generous financial assistance program, state-of-the-art equipment, community benefits, improved patient experiences, and new programs and services. Learn more and donate now.


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