

Investing in Community Health Care Peter Gosline and Herb Nilson at the Bass Farm in Antrim, discussing their enthusiasm over MCH's vision for the future.

Numbers have a way of telling a story at Monadnock Community Hospital. You will find many numbers in this year's annual report — we hope these numbers will give you a glimpse into this very special place: The number of dollars that are given back to the community through our Community Benefit Programs; the number of new babies that are welcomed into the world here each year; the number of hours volunteers have given; the number of community members that have improved their good health at the Bond Wellness Center; and the number of dollars that are donated each year.

But numbers can really tell only part of the story. The success of Monadnock Community Hospital is all about the people — our employees that make a difference; our community that relies on us to meet its health care needs; our volunteers that give so freely of their time; and our generous contributors. We are very grateful to each and every one of you who are listed throughout this report you help us to remain financially strong and ready to provide the very best health care for our community.

We are committed to meeting the health care needs of all of the citizens of the Monadnock Region, as well as working towards a healthier community.

Thank you for your support!

Sincerely,

Robert J. Condon Chairman, Board of Trustees Peter L. Gosline President & CEO

On the Cover Clockwise from top left: MCH has many affiliations with other hospitals and emergency services. In this photo the UMASS Memorial LifeFlight Air Ambulance crew meets at MCH with the Jaffrey Memorial Ambulance crew to transport a critically ill patient; Amy Theriault and son Will visit Dr. Krupp in the MCH Emergency Department; The Bond Wellness Center; Kerry Close and her children, Connor, Meghan and Ryan, say hello to her husband, Jim Close, live from Iraq via a satellite link at MCH, photo courtesy of the Monadnock Ledger-Transcript; Left to right: Audrey Carvalho, Linda Renna, Joan Brush, Debbie Rogers, and Bella Martin at the Bond Wellness Center exercise pool.



MCH in the Community

Giving back to the community has always been a priority at Monadnock Community Hospital. It's our goal to make the Monadnock Region a healthier place to live by identifying new and changing health care needs and providing innovative solutions. In 2006, MCH's Community Benefits Plan provided \$2,667,866 in free or reduced-fee services and programs to thousands of families and individuals in the community.

Monadnock Healthy Teeth

MCH's comprehensive school-based dental program, Monadnock Healthy Teeth, was started in 2003 and has grown to include every grade school in the ConVal, Jaffrey-Rindge and Mascenic school districts. The MHT program is also in a number of area pre-schools and Head Start programs. In 2006, MHT brought together local



Sadie Jackson, Annual Fund and Community Relations Manager, and Marcia Kayser, Dental Hygienist.

dentists, dental hygienists, schools and the non-profit community to ensure that more than 1,700 students were educated about the basics of good dental care and had access to important dental services.

Financial Grant Program

The Hospital's Financial Grant Program, the largest and most critical outreach program, is administered by the Social Services Department. This department also helps families and individuals in need with access to health care and other available community services such as

catastrophic care, fuel assistance, Meals on Wheels, food banks, and visiting nurses. Social Services also works closely with New Hampshire Healthy Kids, which provides low-cost

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or free health coverage for uninsured children. In 2006, MCH provided \$1,472,840 in financial assistance to families and individuals in the community. This was an increase of 148% over the financial assistance provided in 2005. An income sliding scale is used to determine eligibility, with discounts ranging from 25% to 100%.

Medication Bridge

Started in 2002, MCH's Medication Bridge Program provided \$619,214 in reduced or no-cost prescription medications to under-insured and uninsured patients with chronic medical conditions. In 2006, hundreds of active patients were provided medications through this program. Additionally, the Medication Bridge Program coordinator worked closely with many senior citizens to help them with the necessary paper work for the new Medicare Part D program.

Other important Community Benefit Programs include:

- Providing better access to primary care providers
- Increasing access for women to receive basic screening exams
- Strengthening the local Emergency Medical Services volunteer program



Thanks to Our Wonderful Donors

Contributions and pledges received between January 1, 2006 and April 30, 2007

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A Century of Caring

A Century of Caring... The Chronicle of Monadnock Community Hospital, written by Barbara Miller, is a 236-page book that takes the reader back to 1915 when prominent individuals in Peterborough first started talking about the possibility of creating a hospital for the region. With close to 200 photographs, and many stories, the book also pictorially chronicles the history, particularly of the thousands of employees, donors, Board members and volunteers who

have contributed so significantly to the

Hospital's growth and success.

The book can be purchased at the Hospital's Window Shop and at The Toadstool Bookshop in downtown Peterborough.



The original letter of thanks, dated December 18, 1917, written to Robert M. Parmelee.

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Building for the Future

To ensure projected long-term growth and to provide our community with more medical services and physicians, Monadnock Community Hospital plans to launch one of the largest and most extensive construction projects in the hospital's long history. This expansion will provide our

"This is an exciting time for MCH. This expansion will add many more services, enhance responsiveness to patients, improve safety, and inspire medical and non-medical staff to work at MCH. Upon completion, MCH will be a model community hospital."

—Peter Gosline. CEO

patients with the latest medical technology and state-of-the-art advances.

The Board of Trustees voted unanimously in October 2006, to submit a Certificate of Need to the

State of New Hampshire for a multi-phase expansion of the Hospital. The State gave its approval in April 2007. At the March 2007 Town Meeting, the Town of Peterborough voted to approve a new connector road linking Old Street Road and Route 202.

Beyond the physical expansion, MCH is committed to quality patient care, confidentiality and providing an environment of healing that promotes health and well-being. Ms. Alice E. Aittama
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Volunteers

More than 114 volunteers contributed over 11,279 hours of service in fiscal year 2006. The time they spend at MCH contributes to the high level of caring all of our patients enjoy. The employees at MCH are grateful for the smiling faces, working hands, and generous hearts of our many volunteers. For more information on how you can become an MCH volunteer, please contact Nancy Clarke at 924-1702.

10,000+ Hours Peg McLeod

5,000-10,000 Hours Marcia Pettee

3,000-4,000 Hours Peter Bradford Bunny Derby*

2,000-3,000 Hours Annie Cook

Beverly Lovett Jean Peters **Eleanor Strand**

*deceased

1,000-2,000 Hours

Penny Arthur Wilfred Brassard Francesco Carrara Dennie Chenoweth Jarvis Coffin Nahida Sherman Arthur Stansel*

500-1,000 Hours

Connie Bastille Catherine Boyle Lucille Dube Ken Fredericks

Joyce Nelson Joan O'Donnell Ronnie Record Jack Roper Thelma Turner Priscilla Ward Ethel Wasserman Kay Wreck

1-500 Hours

Elinor Ackerman John Adams Frank Almeida Tori Ames Eleanor Amidon

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MCH Window Shop Volunteers are always on the move. Left to right: Hadley Greene, Denise Chenoweth, Cyndy Burgess, Margaret Flick, Manager Toni Gildone, Annie Cook and Lucille Dube.

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Left to right: Dr. Stephan Coffman, Dr. Stephen Buzzell, Dr. Beth Cooley and Dr. Joseph de Vera. The New Docs

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Several new doctors joined the Medical Staff at Monadnock Community Hospital in 2006-2007. Dr. Stephan Coffman joined Monadnock Surgical Associates as a General Surgeon and performs a full range of general surgery procedures. He came to MCH from Lebanon Community Hospital in Lebanon,

Oregon, where he was Chief of the Surgical Department. Dr. Coffman received his medical degree from Medical College of Pennsylvania in Philadelphia.

Dr. Joseph de Vera joined the Medical Staff in the position of Hospitalist. A Hospitalist provides medical care for patients who are admitted to the hospital. They also stay in close contact with the patient's primary care physician. Dr. de Vera is certified by the American Board of Internal

Mr. and Mrs. Benjamin J. Wheeler

Mrs. Catherine Wheeler



Medicine. He comes to MCH from Hospitalists of Modesto, Doctors Medical Center, in Modesto, California.

Drs. Beth Cooley and Stephen "Buzz" Buzzell are the latest husband/wife team to join the Medical Staff at MCH. Dr. Cooley is a family physician with Monadnock Family Care and Dr. Buzzell is a physician in the hospital's Emergency Department. They both graduated from the University of Vermont College of Medicine in Burlington, Vermont. Prior to joining MCH, Dr. Cooley practiced Family Medicine for ten years at Weeks Medical Center in Lancaster, New Hampshire, and Dr. Buzzell worked as an Emergency Room doctor at Northeastern Vermont Regional Hospital in St. Johnsbury.

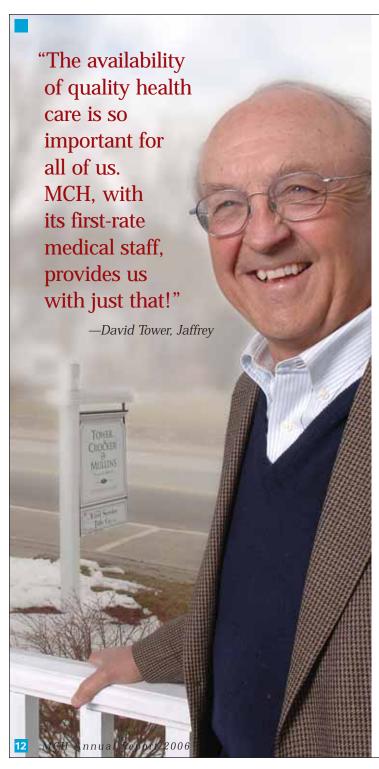
Three practitioners joined Monadnock Behavioral Health Services: Theresa Cadorette, M.D., Bette Lewicke, Ph.D., and Doreen Cawley, Ph.D., A.R.N.P. Mr. and Mrs. Stephen P. Bell
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Technology Improves Patient Care

MCH's long-term goal of implementing a full Electronic Health Record is becoming a reality. The Electronic Health Record will be created by developing Electronic Medical Records within the hospital and our Physician offices. This will combine with health information from other outside health providers to create a

comprehensive electronic record of care for our patients and community. It is anticipated that the Hospital will achieve a complete electronic health record by the year 2010.

This system will electronically capture and manage patient data, allowing physicians and nurses to



Janice Macdonald and Board member Cheri Fry discuss the progress of the new electronic health record system.

access the most up-to-date information in order to make the best health care decisions for their patients.

Additionally, this sophisticated technology system will also eliminate time-consuming paperwork allowing providers more time with patients.

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Laura Gingras, CPA, VP, Philanthropy and Community Relations

MCH needs your support to continue providing excellent care that is so appreciated here in the Monadnock Region.

If you would like to learn more about making a gift to Monadnock Community Hospital, please contact Laura Gingras, CPA, Vice President of Philanthropy and Community Relations at MCH, 924-4666.

Parmelee Society

The Society is a tribute to Robert M. Parmelee who donated his estate to become the first Peterborough Hospital in 1923. Appropriately, we now remember his generosity by recognizing and expressing appreciation to community members who have included the Hospital in their wills or estate plans.

By allowing us to recognize you as a member of the Robert M. Parmelee Society, you will encourage others in the community to consider similar gifts. However, we will be glad to honor requests for anonymity.



A gift of any size qualifies you for membership! Disclosure of gift size is not required. Your good word is all we ask.

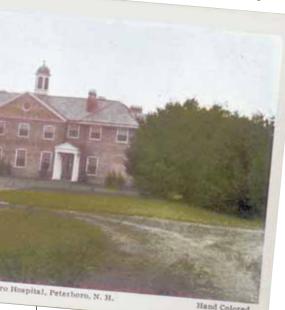
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Leave a Legacy!

Charitable Bequests – Bequests are made through your will, either by writing a new will or adding a codicil to an existing will. A bequest will reduce estate taxes and can be restricted for a specific use or left to the discretion of the board. Bequests can take the form of a specific dollar amount, a percentage of the estate, or can identify a specific item or items of personal property.

Charitable Gift Annuity – A Charitable Gift Annuity enables you to transfer personal assets such as cash or securities to Monadnock Community Hospital, which then pays you a fixed annual income that is guaranteed for life. It allows you to protect and increase your own financial security while making

a significant gift to the



hospital. A Gift Annuity can be used to supplement retirement income. Annual income varies 6% to 10% depending on age of donor.

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systems that

more advanced. The highly skilled staff of 28 board-certified technologists offer 24-hour-a-day staffing with most results available within a day. In 2006, the Radiology Department performed 26,876 examinations.

In Spring 2006 the hospital acquired a hi-speed Toshiba 32-slice CAT scanner. This new scanner can acquire more anatomical slices because of new multi-slicing 3D imaging technology, and can be used to diagnose kidney, lung, liver, spine and blood diseases, cancer, tumors and cysts, as well as blood clots, hemorrhages and infections. Rounding out the

provide 3D/4D technology; the very latest in mammography equipment; a GE Dual-Head Gamma Camera: and a MRI Scanner.

The Radiology Department offers patients in the Monadnock Region and beyond the most up-to-date imaging technologies available today, along with friendly service, appointment availability, and quick access to results for patients and doctors.

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Cerroni, Peter M., D.M.D. Hedstrom, David A., D.D.S. Jane, Paul L., D.D.S. Jun, Nancy, D.D.S. Khouw, Francis E., D.M.D. Perry, Greg A., D.D.S. Roy, Richard M., D.D.S.

ORAL SURGERY

Rosato, Richard, D.M.D. Scura, Mark M., D.M.D. Weldon, Leonard L., D.D.S.

Podiatric Staff

Newcott, Edward P., D.P.M. Pattavina, Johnathan P., D.P.M. Ruelle, Anna L., D.P.M.

Health Professional Affiliate Staff

NEUROPSYCHOLOGY

Lewicke, Bette, Ph.D. Toye, Richard, Ph.D.

NURSE MIDWIFERY

Boardman, Marion, C.N.M. Ellsworth, Sarah, C.N.M.

NURSE PRACTITIONERS

Ainslie, Marcy, A.R.N.P. Arel, Heather, A.R.N.P. Brookshire, Lynne, A.R.N.P. Batchelder, Lynn, A.R.N.P. Brighton, Susan, A.R.N.P. Cawley, Doreen, A.R.N.P. Coffman, Ruth E., A.R.N.P. Dorson, Margaret, A.R.N.P. Finn, Jeanne I., A.R.N.P. Jacobson, Christopher H., A.R.N.P.

Kelly, Margaret, A.R.N.P. Markham, Cathy, A.R.N.P. Murphy, Mary, A.R.N.P. Sampson, Deborah, A.R.N.P. Trifilo, Nancy, A.R.N.P. Williams, Pamela, A.R.N.P. Woods, Susanna, A.R.N.P.

PSYCHOLOGY

Cawley, Roger, Ph.D. Weil, Michael, Psy.D.

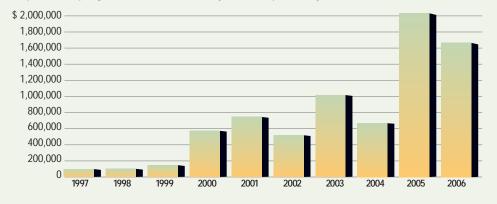
Honorary Staff

Dearani, Abraham, M.D. DeBonis, Gerald M., M.D. Kale, Sandhya S., M.D. MacEachran, John, M.D. Magill, Frank B., M.D. Mathewson, Owen, M.D. McCue, Miles, M.D. Newman, George H., M.D. Patterson, John, M.D. Rosenthal, Jean, M.D. Villarico, Remigio, M.D. Wilson, Robert, D.D.S. Wolterbeek, Jacob, M.D.

2006 Financials Consolidated Statement of Revenues and Expenses Fiscal year ending September 30 (in thousands)

	2006	2005
Billed for services to our patients Other operating revenues	79,788 2,073	73,213 2,282
Total Sources	81,861	75,495
Amounts billed but not received: Under government and commercial contractual agreements From patients unable to pay	26,083 1,439	24,652 1,113
Therefore, we actually received revenue from patient care and other services of	54,339	49,730
Our costs included amounts: To pay our employees To pay our suppliers and vendors To fund depreciation and pay interest on debt Resulting in total costs for patient care and other services The excess of amounts received over costs for the year was used to expand services to our community, to improve facilities and to pay back debt	30,337 20,029 2,949 53,315	27,950 18,553 3,071 49,574
Key Statistics		
Admissions Births Emergency Room Visits Surgical Cases Imaging Exams Lab Tests Physical, Occupational, and Speech Procedures Hospital Outpatient Visits The Wellness Center Members Physician Practice Visits	1,602 368 12,947 1,791 26,694 183,447 51,086 66,573 1,537 91,517	1,629 329 12,479 1,791 25,855 174,542 51,384 62,992 1,437 82,703

Total philanthropic gifts from the community over the past ten years.



Emergency Department

With just under 13,000 visits in 2006, MCH's Emergency Department is by far one of the busiest departments in the hospital. With a staff of seven board-certified emergency physicians and 25 specialty nurses, patients entering MCH's Emergency Department can expect the same high quality emergency medical care that you would find in a larger hospital — without the long wait.

The majority of emergency medical issues can be treated at MCH. For those patients who need to be referred to a specialty hospital, MCH has developed an extensive network of working relationships with many specialty hospitals throughout northern New England. Many of the larger hospitals MCH utilizes, like the New England Heart Institute at Catholic Medical Center, have expertise and great reputations in specific specialties. Over the years MCH has expanded and developed relationships with larger, specialty hospitals to be able to offer the patient population the best possible care.



MCH participated in more than 75 helicopter transports to Level I Trauma Centers last year. Our affiliations with Level I Trauma Centers such as UMASS and Dartmouth-Hitchcock, ensure care for critically ill patients.





The award-winning Bond Wellness Center at Monadnock Community Hospital is considered to be one of New England's premier medically-based exercise facilities. The highly qualified staff of exercise professionals are committed to helping each member progress toward greater health and wellness. After working out on the very latest equipment, enjoying an aquatics class, or attending a Pilates class, members often take advantage of a healthy therapeutic massage. Because of the inviting common areas, socializing among members before and after exercise is also very popular — and very important, especially to our seniors.

The Center is home to the Hospital's Department of Rehabilitation, including physical, occupational and speech therapies, cardiac and pulmonary rehabilitation, and diabetes education.

The Bond Wellness Center is home to Monadnock Orthopaedic Associates, Monadnock Behavioral Health Services, and the Physician Consultants office, supporting specialty physicians in pulmonary, rheumatology, neurology, and cardiology. Cardiology services are provided by physicians from The New England Heart Institute.



The Tot Doc

"My life has been dedicated to caring for children, and I've been proud to be part of a talented and compassionate group of pediatric physicians and a hospital that strives to offer families and individuals in the Monadnock Region the very highest level of community health care."

—Dr. Jeffrey Boxer



Care comes first

452 Old Street Road Peterborough, NH 03458 603-924-7191 www.monadnockhospital.org